

Christian School of York

York, PA

**PARENT/STUDENT ATHLETIC
HANDBOOK**

2023-2024



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DEFENDER ATHLETICS PHILOSOPHY AND VISION STATEMENT

The athletic program is an integral part of the educational process of the Christian School of York. It promotes a desire in our students and community to take part in sports, either as a participant, or a spectator.

The vision of the Christian School of York Athletic Program is for our student athletes to compete at the highest level using their God-given athletic gifts and abilities to impact the world for Christ.

DEFENDER ATHLETICS CORE VALUES

1. *Teamwork*- We are committed to developing the importance of working together as a team for a common goal.
2. *Leadership*- We are committed to demonstrating and developing servant leadership principles in our athletes.
3. *Sportsmanship*- We are committed to demonstrating godly sportsmanship whether it be on the field/court regardless of the outcome of a game.
4. *Integrity*- We are committed to the highest sense of biblical integrity encompassing every aspect of behavior both on and off the field/court.
5. *Responsibility*- We are committed to instilling in our athletes a sense of commitment and responsibility to God, family, school and team.

COMMUNITY OBJECTIVES

1. The community should realize that control of, and responsibility for school athletics rests entirely with the school authorities.
2. School athletics should furnish a recreational opportunity for the general public as long as a community is willing to see that the program is conducted solely for the benefit of student competition and student spectators.
3. The community should judge the success of the season on the number of participants, the number of spectators, community service initiatives of the team, new skills acquired, and good citizenship taught, rather than the number of games won or lost.
4. The community should constantly keep in mind that an athletic contest is part of the school program and therefore is governed by the same philosophy.

SCHOOL AND STUDENT BODY OBJECTIVES

1. Athletics should be educational and provide opportunities to grow our student's relationship with Christ and share our love of Him with others.
2. Athletics should promote pride in one's school and community.
3. Proper student interest should be promoted.



4. All visiting schools should be treated as guests.
5. School policy should be consistently applied so as to not provide athletes with special privileges.
6. Sportsmanship, fair play, and good school citizenship should be the goals of all athletes.
7. Every effort should be made to provide the best coaching, facilities, and equipment possible within the economic constraints of the school's budget.

SPORTS OFFERED AT CSY

HIGH SCHOOL SPORTS SEASONS	BOYS	GIRLS
Fall	<ul style="list-style-type: none"> • Soccer • Cross Country • *Football (Co-op with York Vo-Tech fall sports that CSY does not offer.) 	<ul style="list-style-type: none"> • Soccer • Volleyball • Cross Country • *Field Hockey (Co-op with York Vo-Tech)
Winter	<ul style="list-style-type: none"> • Basketball • *Swimming (Co-op with West York) • *Wrestling (Co-op with York Vo-Tech) 	<ul style="list-style-type: none"> • Basketball • Cheerleading • *Swimming (Co-op with West York)
Spring	<ul style="list-style-type: none"> • Baseball • Track and Field 	<ul style="list-style-type: none"> • Track and Field • *Softball (Co-op with York Vo-Tech)
MIDDLE SCHOOL SPORTS SEASONS	BOYS	GIRLS
Fall	<ul style="list-style-type: none"> • Soccer 	<ul style="list-style-type: none"> • Volleyball
Winter	<ul style="list-style-type: none"> • Basketball 	<ul style="list-style-type: none"> • Basketball • Cheerleading
Spring	<ul style="list-style-type: none"> • Track and Field 	<ul style="list-style-type: none"> • Soccer • Track and Field

*CSY has a cooperative sponsorship agreement with York Vo-Tech for football, wrestling, softball and field hockey. It is the responsibility of the parent to contact AthleticDirector@ytech.edu to sign up their athlete for a sport. It is also the responsibility of the parent to transport their athlete to and from Vo-Tech practices and games/meets.

*CSY has a cooperative sponsorship agreement with West York for swimming. It is the responsibility of the parent to contact wbulldogathletics@wyasd.org to sign up their athlete for a sport. It is also the responsibility of the parent to transport their athlete to and from West York for practices and games/meets.



ACADEMIC ELIGIBILITY/RESTRICTION

Students will be evaluated weekly by an evaluation team that consists of the Academic Leadership Team. Any student with a grade of “D” will be given a warning notice or will meet with a member of administration to discuss why the grade was achieved. If a student has an “F” in any class, the student will be put on a one week restriction from games or practices depending on the outcome of the evaluation process. This restriction will run a full week of Saturday to Saturday regardless if the student’s grade is raised to “D” or above during the week.

Students who receive a warning notice will not have activities restricted unless deemed appropriate by the parents and/or the evaluation team. The warning notice is designed to alert the student, parents, teachers and coaches to the student’s academic status.

Students on the Restricted Activity List may not participate in any during school or after school practice, game, special event, drama event, concert, performance or field trip. Students on the Restricted Activity list may not attend sectionals during classes in which they are failing, be excused from class or study hall to be involved in a special practice.

Students with incomplete grades on their report card will be added to the Restricted Activity List beginning the week after report cards are issued. These students will be governed by the normal regulations for Academic Restriction until they complete the work for the previous marking period. They may be removed from Academic Restriction by the Academic Leadership Team when notified by the teacher that the work has been completed.

In cases of extenuating circumstances, the Academic Leadership Team may solicit input from the appropriate teacher(s) and make exceptions to the above guidelines.

ATTENDANCE POLICY (In-Season Sports)

MAKING THE COMMITMENT PRIOR TO THE SEASON

The sports schedule is known almost one year in advance, so athletes and parents can obtain copies of the schedules prior to its start. If, upon checking the schedule, the athlete feels that he/she may not be able to make the necessary commitment to have a successful athletic experience, the athlete is better served by not trying out for the team. The athletic program is better served by having less gifted athletes who can make the necessary commitment, than by having more talented, though less



committed athletes. Furthermore, it should be made clear to the athletes on your team that failure to comply with the commitment to practice and game schedules could impact playing time, and could ultimately lead to dismissal from the team.

ADVANCE NOTIFICATION

Athletes have the responsibility of notifying the coaching staff of anticipated absences from practices and/or games. Regardless of the reason for the absence, inform your coach as soon as you know you will have to miss an event. Do not wait until the last minute.

EXCUSED VS UNEXCUSED ABSENCES- PRIORITY OF COMMITMENTS

One of the many lessons to be learned from athletic participation is the importance of making a commitment. Many commitments are more important than athletics, and many commitments are less important than athletics. The type of commitment which causes the absence should determine whether the absence is considered excused or unexcused.

EXCUSED absences include family commitments, religious commitments, academic commitments, and extracurricular commitments which logically demand the student's attendance. Coaches and advisors of extracurricular activities should attempt to resolve scheduling conflicts by communicating with each other. If conflicts cannot be resolved, contact the Athletic Director. In general, a contest or scheduled activity takes precedence over a practice or a meeting. Of course, absences caused by injury or illness are considered excused. If an athlete is absent for any other reason, the absence will be considered **UNEXCUSED**. Although an isolated unexcused absence will not necessarily result in disciplinary action, numerous or persistent unexcused absences can result in suspension or dismissal from the team.

RETURNING TO PLAY AFTER AN ABSENCE

Whether an absence is considered excused or unexcused, athletes must understand that missing practices or games is not beneficial to the athlete, or the team. The major purposes of practice are to develop skills and to prepare for the next contest. If a player is absent, another athlete may be moved into their spot in the lineup. When the player returns to practice, the returning player will be given the opportunity to regain their spot in the lineup.



DISCIPLINE PHILOSOPHY

DISCIPLINE AND ATHLETICS: THEY GO HAND IN HAND

The major difference between the athletic program and the academic program is that the athletic program is entirely voluntary. Through voluntary participation, the athlete gives time, energy, and loyalty to the program. In return, the athlete receives the many benefits associated with athletic participation. In order to receive the benefits, athletes accept the training rules, regulations, and responsibilities which are unique to athletic participation. In order to contribute to the welfare of the group, the athlete must willingly assume these obligations, as the role of the athlete demands that the individual make sacrifices which are not required of those who do not participate in the athletic program.

POINTS TO REMEMBER:

1. All young people need redemptive discipline. Discipline is a main ingredient in athletic success. It is difficult, if not impossible, for learning or success to take place in an undisciplined environment.
2. At the beginning of the season (preferably at the preseason organizational meeting) athletes will be given rules and regulations for the conduct of the team. Candidates for the team will know what is expected from them.
3. Disciplinary actions can include reprimand, suspension, or dismissal. If suspension or dismissal is being considered, consult with the Athletic Director will be done.
4. Never losing sight of the fact that our main objective in education is to help young people develop into God honoring citizens. We must acknowledge that the athletes are going to make mistakes; and, when they do, our responsibility is to help them learn from their mistakes. Discipline with dignity- it goes a long way!
5. Reprimanding is still the most effective method of discipline. Unless an athlete is disrespectful, in the presence of the rest of the team, reprimanding is best handled in a private setting. (PRAISE IN PUBLIC....REPRIMAND IN PRIVATE). Giving the athlete the opportunity to correct the behavior and when needed, pray with said student athlete. However, reminding the athlete that if the unacceptable behavior continues, other disciplinary actions will be taken.
6. Unacceptable behavior which persists after a reprimand is grounds for suspension. Taking away the privilege of athletic participation for a certain period of time allows the athlete to determine just how important participation is to him/her. If the athlete determines that athletic participation is truly important, he/she will correct the unacceptable behavior upon returning to the team.



7. Although dismissing an athlete from the team should be viewed as a last resort, it must be considered if the athlete's continued presence on the team poses a major disruption to the successful conduct of the team.

EXPECTATIONS

COACHES EXPECTATIONS

1. Coaches will communicate positively and constructively with all players during practices and games.
2. Coaches can be expected to coach players—coaches will tell the player when they think they are doing something incorrectly or if they have an idea of how the player can improve or in a situation to better help the team.
3. Coaches will do their best to address any concerns with players and/or parents immediately as they come up.
4. Coaches will be approachable--raising concerns with coaches will not affect playing time or have negative consequences.
5. Coaches will communicate with parents effectively.
6. Coaches will not discuss other players on the team.
7. Coaches are open to discuss playing time only as it relates to what players can do to improve. Their goal is to get every player in each game but not all players will get the same amount of playing time.
8. Coaches will communicate game strategy to players, but game strategy will not be an appropriate topic for meetings with parents.

PARENT EXPECTATIONS

1. Communicate to the coach via email or cell if your child will not be able to attend practice or a game.
2. When picking up your child after a practice or a game, please note the time of when practice ends, or return time for an away game, and try to be on time. A coach will always remain at school with a player until a player's ride arrives. Please arrive no later than 15 minutes after the communicated pick up time.
3. Parents should be supportive of all teammates and coaches during games. It is the coach's job to coach players during games. Yelling instructions or negative comments at players is not acceptable.
4. Parents should focus on positive talk as it relates to teammates and coaches outside of practices and games as well.



5. If you have a concern anytime during the season, please communicate with the coach. Please follow the below procedure (Matthew 18 principle):
 - a. Parent must talk to the head coach first about a concern but please **wait at least 1 business day after games to express your concern.**
 - b. If the parent feels as though their concern was not heard or dealt with, a meeting with the parent, coach and AD will be scheduled.
 - c. If the issue is not resolved after meeting with the coach and AD, a meeting with the high school principal, coach and AD will be scheduled.
6. Parents may **not** contact assistant coaches with concerns--all communication in relation to concerns must go to the head coach.
7. Issues that are appropriate to discuss with a coach are as follows:
 - treatment of your child, mentally and physically
 - ways to help your child improve
 - concerns about your child's behavior
8. Issues not appropriate to discuss with a coach are as follows:
 - playing time
 - team strategy
 - play calling
 - other student athletes
9. Communication coaches expect from parents:
 - Notification of any schedule conflicts well in advance
 - Specific concern in regard to a coach's philosophy and or expectations
10. Advice to sports parents by Nate Sanderson (high school coach):

Studies show that what players want most from their parents is to hear these words:

"I am so proud of you." and "I love to watch you play."

Studies also show that a player's most dreaded time with their sports parent is the ride home and the coaching that comes with it.

Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting.



PLAYING TIME EXPECTATIONS

1. At the middle school level, coaches are to choose a starting team and make an effort for every team member to play in any portion of 2 quarters of a 4 quarter game, and in both halves of a two half game. When “B” game opportunities are given, it is not expected that every team member play in every “A” game.
2. At the JV level, coaches are to choose a starting line up and play the best players. They are also encouraged to substitute as much as possible. Substitutes will be played when a player is injured, tired, not performing well, coaching strategy or when the game is no longer in question.
3. At the varsity level, coaches are to choose a starting team and play the best players. These players are chosen on ability and their performance during practice and previous games. Substitutes will be played when a player is injured, tired, not performing well, coaching strategy or when the game is no longer in question. It is assumed that parents will instruct and prepare their children for a competitive interscholastic program. The students need to be prepared for the fact that they may not make the team; they may not make the starting line up; and they may not be the “star”. Success is not synonymous with playing time; success is contributing to the benefit of the team.

PLAYER EXPECTATIONS

1. **Players are expected to be on time for school and practice.**
2. Players are expected address their coaches as Ms, Mrs., Mr., or Coach.
3. Players must have the proper practice clothing (practice jerseys) and sneakers at every practice including a sweatshirt or jacket to wear when leaving a practice or game. Players will be expected to dress modestly even at practice.
4. Parent/players will let the coach know if the player is unable to attend a practice even when absent from school. (Missing consecutive practices could result in loss of playing time.)
5. Players will encourage each other during practices and games. Putting a teammate or the opposing team’s players down for any reason will not be tolerated and could result in loss of playing time.
6. Players will represent the team well in both behavior and attitude during the school day. Poor behavior or attitude in class could result in extra conditioning during practice and loss of playing time. (Remember that you represent Jesus Christ, your team and your family both on and off the court.)
7. **Players are required to be in school by 9:45 a.m. on game days in order to be eligible to participate in a game or practice.** Students attending a field trip, college visit or have



an approved doctor's note is permitted to play in a game on that day. All other excuses need to be approved by the high school principal or athletic director.

8. Players will dress in proper game day attire (set by each team) on both home and away game days.
9. All athletes are expected to work to their full potential in classroom work. (SEE ATHLETIC ELIGIBILITY/RESTRICTION POLICY)

STUDENT SPECTATOR EXPECTATIONS

Student habits and reactions as spectators determine the quality of sportsmanship which reflects upon the reputation of their school. Therefore, it is recommended that they:

1. Know and demonstrate fundamentals of sportsmanship.
2. Help to control the unruly behavior of other students.
3. Respect the property of the school, and the authority of school officials.
4. Show respect for an injured player when they are removed from the contest.
5. Never criticize coaches or players for the loss of a game.
6. Respect the judgment of game officials or referees.
7. Refrain from using obscene or vulgar language.
8. Respect the efforts of all participants (home or visitor).
9. Conduct yourself with proper respect during public address announcements and the playing of the National Anthem, as well as the sportsmanship announcement and prayer.
10. The school has the right to restrict students from attending or participating in any athletic activities.

INJURIES

INJURED PLAYERS

The following procedures are recommended in the event of an athletic injury and the Athletic Trainer is not available:

1. **NEVER MOVE AN INJURED ATHLETE** until the extent of the injury is known. Keep the athlete still, comfortable, and reassured.
2. In the event of an emergency, call 911.
3. When the Athletic Trainer is available, he/she will make the initial assessment of the injury and recommend further action.
4. Parents will be notified and informed of the suspected extent of the injury and the recommendations of the Athletic Trainer.



5. If it is determined that the athlete needs treatment, he/she may go to the physician of their choice.
6. Student-athletes **may not return** to practice or competition without consent of the parent.

OTHER IMPORTANT INFORMATION

ATHLETIC AWARDS REGULATIONS

The Athletic Awards for the Christian School of York shall be as follows:

1. Varsity- Athletes receive a Varsity letter and/or pin.
2. Athletes may be selected for all tournament teams and/or all regional teams.
3. Awards may be given at individual team banquets or one athletic banquet as determined by the athletic director.
4. Varsity Letter Qualifications- any athlete that has participated in at least 50% of scheduled games qualifies for a Varsity letter. Cheerleaders and managers may also be awarded a Varsity letter as determined by their respective coaches.
5. Players that experience a season ending injury, in or out of season, may still earn a varsity letter by fulfilling service or duties in relation to the team. The final determination of receiving a varsity letter will be made in collaboration between the coach and athletic director.

Regardless of requirements, any student who fails to complete the season without being excused by the coach, will not receive an award. The season includes tournaments and playoffs.

ATHLETIC BOOSTER CLUB

The purpose of this organization is to support our athletes through events, fundraisers and special senior recognition. Please contact athleticboosters@csyonline.com if you are interested in being a part of the Athletic Booster Club.

AWAY GAME GUIDELINES

Below are guidelines for both conduct and dress at away games:

1. *Conduct*
 - A. Our Defender athletes should give a positive picture of our school to the away school's fans and teams. This responsibility should not be taken lightly.
 - B. Athletes are expected to conduct themselves with proper sportsmanship at all times both on and off the field or floor.
 - C. Athletes are expected to be testimonies of Jesus Christ by their actions and words.



2. Dress

- A. Athletes are expected to adhere to the school dress code for all athletic events. When there are alterations to this policy, the coaches and athletic director will give directions concerning what one may wear to these events.
- B. Take pride in personal appearance.

HAZING POLICY

1. "Hazing" as defined by the state of Pennsylvania is, "Any action or situation which recklessly or intentionally endangers the mental or physical health or safety of [a student] a person or which willfully destroys or removes public or private property for the purpose of initiation or admission into or affiliation with, or as a condition for continued membership in, any organization...The term shall include, but not be limited to, any brutality of a physical nature, such as whipping,
2. beating, branding, forced calisthenics, exposure to the elements, forced consumption of any food, liquor, drug or other substance, or any other forced physical activity which could adversely affect the physical health and safety of the individual, and shall include any activity which would subject the individual to extreme mental stress, such as sleep deprivation, forced exclusion from social contact, forced conduct which could result in extreme embarrassment, or any other forced activity which could adversely affect the mental health or dignity of the individual, or any willful destruction or removal of public or private property."
3. Christian School of York prohibits any of the aforementioned actions because of their affront to man's God-given dignity. CSY prohibits hazing as an initiation or admission into, affiliation with, or continued membership in an organization, sports team, club, or any student entity. CSY shall not permit, or make as a condition of inclusion into a group, any activity mentioned above. There shall be no hazing or forced activity implemented as a prerequisite to participate in a school-sanctioned activity or ad hoc group entity at CSY.
4. A copy of this policy shall be provided to all staff members and coaches and be included in both the athletic and student handbooks. Any staff member or coach who knowingly permits hazing of any kind without reporting it immediately will be subject to disciplinary action by the trustee board and/or the administration.
5. Students found to be hazing will be subject to disciplinary action as described in the student handbook under the bullying policy. Penalties may include the withholding of diplomas, transcripts, and the imposition of probation, suspension, dismissal or expulsion. Students also may be subject to criminal laws of this State.

In the event that a CSY organization permits hazing in blatant disregard of such rules, penalties may also include withdrawal of permission for that organization to operate on campus or other school property.



HOLIDAY PRACTICES/PRACTICE CURFEW

Practice and athletic contests during scheduled school closings such as Christmas or Easter Break is permitted only when approved by the administration prior to the practice or contest. All such practices should be viewed as optional for students and their families. Practices will not be held on Thanksgiving, Christmas Eve, Christmas and New Year's Day.

Unless permission is granted by the athletic director, practices will end by 7:00 pm on Monday, Tuesday, and Thursday and 6:00 pm on Wednesday. Every effort is made to avoid scheduling games on Wednesdays however there are occasional circumstances where it may be unavoidable (ie. Non-league contests, weather make up games, playoffs, or other scheduling conflicts.)

NAME, IMAGE AND LIKENESS REGULATIONS FROM THE PIAA

1. The PIAA approved a rule allowing student-athletes to sign name, image, and likeness (NIL) agreements.
2. Basic guidelines of NIL agreements through the PIAA (more information can be found at PIAA.org):
 - A. NIL agreements must not be used "as an incentive for enrollment decisions or membership on a team."
 - B. No school, coach, booster clubs, collectives, administrators, or alumni may arrange or pay for a student's NIL deal.
 - C. A student is not permitted to use a PIAA school, team name, nicknames, or logos in their NIL agreements.
 - D. Students cannot promote anything endorsing adult entertainment products, alcohol products, casinos or gambling operations, tobacco or electronic smoking products, prescription pharmaceuticals, or weapons, firearms, and ammunition.
 - E. Any Christian School of York athlete who agrees to a NIL deal must inform their school and the athletic director of the agreement within 72 hours.

N.C.A.A. CLEARINGHOUSE

Many college sports are regulated by the National Collegiate Athletic Association, an organization founded in 1906 that has established rules on eligibility, recruiting, and financial aid. The NCAA has three membership divisions- Division I, Division II, and Division III. Institutions are members of one or another division according to size and scope of their athletic programs and whether they provide athletic scholarships.



If a high school athlete is planning to enroll in college as a freshman upon graduating from high school, and they wish to participate in Division I or Division II sports, they must be certified by the NCAA Initial-Eligibility Clearinghouse.

The Clearinghouse will analyze the athlete's academic information and determine if they meet the NCAA's initial eligibility requirements.

The certification process for athletes planning to enroll as college freshman begins August 1st of the academic high school year. Clearinghouse forms are available in the high school guidance office.

P.I.A.A. PHYSICAL FORMS

Prior to participation in any middle school or varsity sport, PIAA physical forms must be completed and turned in to the assistant athletic director in the main office. Athletes that do not have their PIAA

physical forms completed prior to the first official practice, may be held out of practice until the physical is completed and the form is filled out. This is a PIAA requirement.

POSTPONING GAMES

If the playing of a home event is in question due to weather conditions or any other factor not conducive to safe and fair conditions, the Athletic Director, upon conferring with the Head Coach, will make the decision whether or not to postpone the event. The postponement of away games is at the discretion of the home school. A parent alert will be sent to all members of the team.

RELEASE TIME/DISMISSAL FOR ATHLETIC EVENTS

There are times during the school year, mainly Fall and Spring, that athletes will need to be dismissed early from school to depart for an away contest. Student/athletes are required, and it is their responsibility to make up all work missed as a result of early dismissal for athletic reasons.

SCHEDULES

The Athletic Director schedules all inter-scholastic contests in accordance with P.I.A.A. rules and regulations. Schedules can be found as a part of our athletic news email or by downloading the Activity Scheduler (r School Today) app on your phone. The Activity Scheduler will provide the most up to date schedule throughout each season.

SCRIMMAGES

All scrimmages must be approved by the Athletic Director prior to their being held. No scrimmage may be held on any legal holiday or Sunday. The number of, and legal dates for scrimmages are set by the P.I.A.A.



SECURITY OF PERSONAL PROPERTY

While the school is not responsible for the loss of personal property of students, the best defense against theft is educating athletes about the possibility, and offering suggestions for properly securing their personal possessions.

1. Athletes are encouraged not to carry large sums of money or wear expensive jewelry to practice and/or games.
2. Athletes are encouraged to not carry cell phones, Ipods, Ipads, or other expensive technological items with them.
3. Athletes are encouraged to find a secure place for valuables to be held until practice or other event is over.

STUDENT INTERVIEWS

Athletic coaches shall not permit representatives of college and university athletic programs to interview student-athletes during the school day without authorization of the High School Principal and the N.C.A.A. Meetings between college and university representatives and coaches are permitted during non-instructional time and only with the consent of the Principal. If you are uncertain about N.C.A.A. rules and regulations, a copy of the manual can be provided for you.

SCHOOL CLOSINGS AND EARLY DISMISSALS

Practice on days of early dismissal due to inclement weather is not permitted. When school is closed due to inclement weather, all extra-curricular activities will often be cancelled however per administrative approval, practices or games may be played if conditions are deemed safe. Safety of the student-athletes and staff is the prime concern.

On days of scheduled early dismissals, students may not remain in the building without administrative approval and direct supervision.

TRANSGENDER ATHLETIC POLICY

We believe that according to Scripture, God created two genders: male and female. Because of our belief, biological males will not be permitted to play on all female teams. Biological females will not be permitted to play on all male teams. CSY athletic teams will not participate in athletic contests where biological males are a part of an all-female team or a biological female is a part of an all-male team.



TRANSPORTATION

Transportation for all athletic contests and scrimmages will be arranged by the Athletic Director and/or Athletic Secretary. Departure, when necessary, early school dismissal times will be scheduled and published for coaches. Coaches should pass this information on to student-athletes.

Student-athletes are encouraged to use school provided transportation to all athletic contests and scrimmages, unless prior arrangements have been made with administration. In addition, student-athletes who are transported by school-provided transportation to events **should** return by school-provided transportation **unless** parental permission is received personally by the head coach (in writing).

A member of the coaching staff **will** accompany players on the bus. In special circumstances with the approval of administration and arrangements can be made, the coach is permitted to travel to an event without accompanying his/her players.

Bus conduct **WILL** be closely supervised. Student-athletes are required to wear seat belts while riding in school vans. Infractions of proper bus conduct should be reported to administration for appropriate disciplinary action. Athletes are still students of the school, and are therefore subject to the same expectations as if it were part of the school day.

TWO SPORT ATHLETE POLICY

The following guidelines shall be adhered to by athletes desiring to play more than one sport during any given season:

1. The student-athlete and his/her guardian will inform the athletic director and team coaches of the athlete's intention to participate on multiple athletic teams.
2. The student-athlete and guardian shall declare a "primary sport" and a "secondary sport" for the purposes of determining priority in the event of scheduling conflicts.
3. The coaches from the affected teams will meet with the Athletic Director at the beginning of the season and work to maximize the athlete's availability for both teams.
4. Two sport athletes will only be allowed multiple sport participation in the following two sports and another sport:
 - A. Cross Country + another fall sport
 - B. Track and Field + another spring sport
5. Coaches, parents and the student athlete are asked to seriously consider the positive/negative implications of multiple sport athletes participating on their respective team. Team unity, academic requirements, and increased potential for injury should all be considered prior to participation in multiple sports.



USE OF DRUGS OR ALCOHOL

The Christian School of York believes that illicit drugs and alcohol have no place in school or athletic competition. The use of such substances are harmful to normal human development, and are therefore considered by local, state, and federal statutes to be illegal to use or possess by student-athletes.

Performance enhancing substances such as anabolic steroids, since they too have been discovered to be harmful to normal human development, also fall under this category.

Violations of this expectation may result in immediate suspension from extracurricular activities or expulsion from school. Coaches should make all student athletes familiar with the rule and the penalties prior to the start of the season.



ATHLETIC PERSONNEL EMAIL DIRECTORY

<u>POSITION</u>	<u>NAME</u>	<u>EMAIL</u>
Superintendent	Mr. Andy Bell	abell@csyonline.com
High School Principal	Mr. Greg Hortman	ghortman@csyonline.com
Athletic Director	Mr. Derek Carpenter	dcarpenter@csyonline.com
Assistant Athletic Director	Mrs. Amy Hilton	ahilton@csyonline.com